



Stamford Green Primary School



12 September 2018

Dear Parents/Carers,

Case of measles in a new nursery child

I am writing to inform you of a case of measles in a child that attends Nursery, and was at a play visit on Friday 7 September 2018. Public Health England have informed us of the measles case but not the individual who is poorly (we hope they get well soon). Measles is a highly infectious viral illness spread by coughs and sneezes or by direct contact with an infected person. Anyone who is not protected by two MMR vaccines is at risk of catching the infection.

The first signs of measles are:

- Fever
- Cough, runny nose and red sore eyes
- After a few days, a spotty rash will appear. It starts on the face and neck before spreading to the rest of the body.

If you think that you or your child has measles, ring your GP practice for advice. Do not turn up to the surgery, walk in centre or to a hospital accident and emergency without calling ahead. The doctor will make special arrangements so that if you or your child has measles – you won't pass it on to others. Keep people with symptoms of measles away from others to avoid spreading infection. Stay away from school, nursery or work for 4 days after the onset of rash. If you would like more information, see <https://www.nhs.uk/conditions/measles/>

MMR vaccine protects against measles, mumps and rubella. Public Health England advise that all parents should ensure their children over 12 months of age have been immunised with MMR vaccine. The routine schedule is a dose around 13 months and a second dose at 3 years 4 months or soon after. However MMR can be given at any age.

If you are concerned about your child's health please consult your General Practitioner.

Yours sincerely,

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