

After School Menu



Monday

Tuesday

Wednesday

Thursday

Friday

Mains

Happy Tums

Chicken Burger
(G,Se,So)

Fish Finger /
Veggie Finger
(G,F)

Cheese and
Tomato Pizza
(G,Mk)

Sausage and
Bacon Pasta
(G,Su)

Beef Meatball
and Tomato
Sauce
(G)

Dessert

Something Sweet

Chef's Salad

Oven Chips

Potato Wedges

Sweetcorn

Garlic Bread
(G,Mk,So)

Daily

Available
Everyday

Chocolate and
Vanilla Marble
Cake
(G,E,Mk)

Oat Cookie
(G,E,Mk)

Fruit Platter

Jelly

Berry Flapjack
(G)

Autumn Rooting for Our Planet

From root to tip,
we're using every
part of our root
vegetables in
Captain Earth's
recipes, to make
them good for you
and the planet.



Look for this logo to
find Captain Earth's
tasty dishes!

Week 1

16/11/26, 07/12/26

Allergens

Please note the allergens shown within these menus are subject to change.

Ce = Celery

Cr = Crustacean

E = Eggs

F = Fish

G = Cereals containing
Gluten

L = Lupin

Mk = Milk

Mo = Molluscs

Mu = Mustard

N = Nuts

P = Peanuts

Se = Sesame Seeds

So = Soya

Su = Sulphur Dioxide

After School Menu



Monday

Tuesday

Wednesday

Thursday

Friday

Mains

Happy Tums

Courgette and
Pepper Pasta
Bake
(G,Mk)

Chicken Fajita
Wrap
(G,Mu)

Pork Sausage
(G,Su)

Tomato Pasta
(G)

Beef Burger in a
Bun
(G,Se,So)

Dessert

Something Sweet

Garlic Bread
(G,Mk,So)

Sweetcorn

Chips
Baked Beans

Chef's Salad

Garlic Bread
(G,Mk,So)

Daily

Available
Everyday

Flapjack
(G)

Apple Cake
(G,E,Mk)

Fruit Platter

Oat Cookie
(G,E,Mk)

Jelly

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Week 2

02/11/26, 23/11/26, 14/12/26

Allergens

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Ce = Celery

Cr = Crustacean

E = Eggs

F = Fish

G = Cereals containing

Gluten

L = Lupin

Mk = Milk

Mo = Molluscs

Mu = Mustard

N = Nuts

P = Peanuts

Se = Sesame Seeds

So = Soya

Su = Sulphur Dioxide

After School Menu



Monday

Tuesday

Wednesday

Thursday

Friday

Mains

Happy Tums

Pepperoni Pizza
(G,Mk)

Pasta and Tomato
Sauce
(G)

Fish Finger Bap
(G,F,Se,So)

Chicken Sausage
Roll
(G,Su)

Lasagne
(G,Mk)

Dessert

Something Sweet

Wedges

Sweetcorn

Classic Coleslaw
(E)

Wedges

Garlic Bread
(G,Mk,So)

Daily

Available
Everyday

Chocolate Sponge
Cake
(G,E,Mk,So)

Fruit Platter

Ice Cream
(Mk)

Shortbread
(G)

Flapjack
(G)

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Week 3
09/11/26, 30/11/26

Allergens

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Cr = Crustacean

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F = Fish

G = Cereals containing

Gluten

L = Lupin

Mk = Milk

Mo = Molluscs

Mu = Mustard

N = Nuts

P = Peanuts

Se = Sesame Seeds

So = Soya

Su = Sulphur Dioxide

After School Menu



Monday

Tuesday

Wednesday

Thursday

Friday

Mains

Happy Tums

Text
(Allergens)

Text
(Allergens)

Text
(Allergens)

Text
(Allergens)

Text
(Allergens)

Dessert

Something Sweet

Text
(Allergens)

Text
(Allergens)

Text
(Allergens)

Text
(Allergens)

Text
(Allergens)

Daily

Available
Everyday

Text
(Allergens)

Text
(Allergens)

Text
(Allergens)

Text
(Allergens)

Text
(Allergens)

Autumn

Rooting for Our Planet

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part of our root
vegetables in
Captain Earth's
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Week 4

Insert dates here

Allergens

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E = Eggs

F = Fish

G = Cereals containing

Gluten

L = Lupin

Mk = Milk

Mo = Molluscs

Mu = Mustard

N = Nuts

P = Peanuts

Se = Sesame Seeds

So = Soya

Su = Sulphur Dioxide