

FROM PLAYGROUNDS TO BLACK BELTS!

FREE TRIAL



“My daughter has been doing Kung Fu since she turned 4, I was determined that she would learn a form of self-defence and I am glad we have invested in Schools of Kung Fu! They've taught my daughter so much over the years and this has empowered her to be the strong girl she is, I cannot recommend Schools of Kung Fu enough!

★★★★★

“My son has been coming to Kung Fu for 3 months and in that time we have seen an improvement in his focus and concentration at school and at home. He is really enjoying his Kung Fu lessons, thank you!

★★★★★

“My son suffers from anxiety and learning Kung Fu has really helped him. I get so much enjoyment seeing his little face light up!

★★★★★



SCAN THE QR CODE
OR CALL TO BOOK:

01442 959 604

MARTIAL ARTS BRINGS OUT THE BEST IN KIDS



team@SchoolsofKungFuEpsom.co.uk

www.SchoolsofKungFuEpsom.co.uk



ALFIE DAVIS PERSONAL TRAINER & MARTIAL ARTS COACH

STRONG BODY, SHARP MIND



Working with a
PFL WORLD CHAMPION

PROFESSIONAL MMA
ATHLETE

BSC SPORTS SCIENCE

LEVEL 3 PERSONAL
TRAINING AWARD

- 1:1 Personal Training
- Strength & Conditioning
- Fat Loss & Body Transformation
- Self Defence & Muay Thai/MMA

GYM OR HOME
VISITS

Ashted | Cobham | Epsom
Esher | Leatherhead | Oxshott



07985688008

More Information:
alfiedaviskickboxing@gmail.com



Programme timetable



Children must live in the borough. Up to 2 activities per child.
Allocated on a first-come, first-served basis.

Activity	Date	Time	Venue
Arts & Crafts (for children with SEN)	Mondays: 9, 16, 23 & 30 Nov and 7 Dec	4.15pm-5.15pm	Epsom Library
Basketball	Tuesdays: 3, 10, 17 & 24 Nov and 1 & 8 Dec	7.00pm-8.00pm	Epsom & Ewell High School
Coding	Thursdays: 5, 12, 19 & 26 Nov and 3 & 10 Dec	5.00pm-6.00pm	Church House, St Martin's Church
	Fridays: 6, 13, 20 & 27 Nov and 4 & 11 Dec		
Football	Thursdays: 5, 12, 19 & 26 Nov and 3 & 10 Dec	5.00pm-6.00pm	Court Recreation Ground
Girls Rugby	Wednesdays: 4, 11, 18 & 25 Nov and 2 & 9 Dec	6.30pm-7.30pm	Sutton & Epsom Rugby Football Club
Judo	Tuesdays: 3, 10, 17 & 24 Nov and 1 & 8 Dec	4.00pm-5.00pm (9-10 yr olds)	Rainbow Leisure Centre
		5.00pm-6.00pm (10-11 yr olds)	
Musical Theatre (Song & Dance)	Mondays: 9, 16, 23 & 30 Nov and 7 Dec	4.30pm-6.00pm	Laine Theatre Arts
Scrapbooking	Wednesdays: 4, 11, 18 & 25 Nov and 2 & 9 Dec	5.00pm-6.00pm	Epsom Picturehouse
Sign & Sign Choir	Fridays: 6, 13, 20 & 27 Nov and 4 & 11 Dec	4.30pm-5.30pm	Council Chambers, Epsom Town Hall
Tennis	Sundays: 8, 15, 22 & 29 Nov and 6 & 13 Dec	11.30am-12.30pm	Rainbow Leisure Centre

With special thanks to coaches and practitioners from...
Cagers Basketball Club ★ Callum Macarty Tennis ★ Creative Minds ★ Code Ninjas ★ Include ★ Kate McBarron ★ Laine Theatre Arts ★ Sutton & Epsom Rugby Football Club ★ Westcroft Judo Nork ★ YOUff

How to sign up

- epsom-ewell.gov.uk/younglegends
- scan QR code
- complete form at Epsom Town Hall



Any queries? Contact the council's Community Development team on cdevelopment@epsom-ewell.gov.uk

Learn new skills. Make friends. Build confidence. Epsom & Ewell Young Legends programme 2026

Our exciting new Epsom & Ewell Young Legends programme runs from 2 November to 13 December 2026.

Our **FREE** sports and creative programme is designed for children aged 9 to 11 who live in the borough, helping to:

- Boost confidence through fun, structured sessions
- Learn new skills to be proud of
- Make new friends with children from across the borough

The programme also aims to help those preparing for secondary school feel confident and ready for the next important chapter in their lives.

Sign up below, or
complete a form at
Epsom Town Hall



Dedicated Arts & Crafts (SEN) ★ Basketball ★ Coding ★ Football
★ Girls Rugby ★ Judo ★ Musical Theatre (Song & Dance)
★ Scrapbooking ★ Sing & Sign Choir ★ Tennis



HOLIDAY COURSES

OFSTED REGISTERED

MULTI-ACTIVITY FUN SINCE 1991

ACTIVITIES INCLUDE: MULTI-SPORTS, ART, DISCO, TALENT SHOW, WATER GAMES, LEGO, PUZZLES, & MORE!

*** **CHILDCARE VOUCHERS ACCEPTED** ***

HALF TERM: 19th-22nd October
26th-29th October

STAMFORD GREEN PRIMARY SCHOOL, EPSOM (KT19 8LU)

Rec-Y6

For
Boys & Girls

8.45am

Start time

4.00pm

Finish time

5.30pm

Extended Day
Finish

www.headstartsportscamps.com

When your child is emotionally struggling, you don't have to do it alone

Practical guidance, advice and encouragement for parents and carers supporting their child's emotional wellbeing and mental health.

Build confidence. Learn practical tools. Connect with other parents.

In the sessions, you'll explore ways to:

- ▶ Understand and respond to your child's emotions
- ▶ Communicate and listen more effectively
- ▶ Support anxiety and difficult feelings
- ▶ Use positive reinforcement and praise
- ▶ Build positive relationships at home
- ▶ Look after your own wellbeing

A supportive, non-judgemental space to ask questions, share experiences and learn from other parents who understand.

4 WEEKS • ONLINE • ONE SESSION EACH WEEK

Choose a session time that works for you.



WEDNESDAYS | 12 noon - 1:30pm
4, 11, 18 & 25 Nov 2026



THURSDAYS | 6pm - 7:30pm
5, 12, 19 & 26 Nov 2026



Please make sure you can attend **all four sessions**.

And the support can continue...

Where there is an identified need, additional 1:1 support may be available following the group.

WHO IS IT FOR?



Reigate & Banstead / Tandridge
Parents/carers of children aged 8-18



Epsom & Ewell, Elmbridge & Mole Valley
Parents/carers of children aged 11-18

Ready to feel more confident supporting your child?

Find out more and register your place

✉ communitywellbeingteam@ymcaeast Surrey.org.uk

Scan the QR code
to find out more.



Delivered by
YMCA EAST SURREY

For families in Reigate, Banstead & Tandridge, Epsom & Ewell, Elmbridge & Mole Valley.

Parents/carers must give informed consent before referral. A separate referral form is required for each parent attending.

Registered charity no. 1075028

YMCA

Here for young people
Here for communities
Here for you

SmartStart Tutoring



THURSDAY TUTORING
SESSIONS IN
TADWORTH

SMALL GROUPS
QUALIFIED TEACHERS
EXPERT SUPPORT

AWARD-WINNING
TUTORING SERVICE OF
THE YEAR - LONDON &
SOUTH EAST 2026



TUTORING SESSIONS

Join Joss and the Smart Start team for friendly, engaging small-group tutoring every Thursday after school.

With experienced teachers leading every session, each child receives the personalised support and individual attention that they need to build confidence, strengthen key skills and make progress.

WHAT WE DO?

- Key Stage 1, Key Stage 2 & Key Stage 3
- Maths
- English
- Key Stage 2 SATs Preparation
- 11+ Preparation

CALL OR EMAIL TO FIND OUT MORE AND JOIN THE SMART START FAMILY



07931567375



MEET JOSS

Qualified teacher • 15+ years' experience • Founder of Smart Start Tutoring

After 15 years as a teacher and school leader, I created Smart Start Tutoring to give children the individual support, confidence and encouragement they deserve to thrive.



**THURSDAY SPACES
AVAILABLE NOW IN
TADWORTH**

- www.smartstarttutoring.co.uk
- joss@smartstarttutoring.co.uk
- Smart Start Tutoring





GREAT BRITISH BAKE OFF

Cooking Club Autumn Term 2026

Stamford Green Primary School

After-School until 4.20pm

Monday Year 1-6

7th September - 7th December

Wednesday Year 1-6

9th Sept - 9th December

12 sessions £12.99 per session

To book www.growcookenjoy.co.uk



Monday

Wednesday



the
HORTON
EPSOM

FUN FOR ALL THE FAMILY



HALLOWEEN FAMILY DISCO

Saturday 31st Oct, 4:00pm - 5:30pm

Join us for some spook-tacular Halloween fun. Dress up in your best ghostly getup, dance like a monster, or enjoy Halloween-themed arts, crafts, and colouring.

Suitable for ages 4+

Short Stories - Tall Tales

Thurs 24th Sept, 11.30am/1.30pm
Fri 23rd Oct, 11.30am/1.30pm

A live sensory first theatre experience for the young ones. On 24th Sept we have **Adventures of an Ugly Duckling** and then on 23rd Oct we have **Three Little Pigs**.

Suitable for ages 0-5

Three Little Pigs



Written and told by Hannah Summers

Illustrations by Laura Brissonnet

thehortonepsom.org

01372 747 662 @thehortonepsom

The Horton Arts Centre, Haven Way, Epsom, KT19 8NP



OCTOBER 2026

HOLIDAY CLUB

TWO WEEKS OF SPOOKY, AUTUMNAL
FUN!

BOOKINGS
NOW
OPEN!



**EPIC
EXPLORERS**

PRESCHOOL - YEAR 2



**MIGHTY
ADVENTURERS**

YEAR 3 - YEAR 6



**FOREST
SCHOOL**

PRESCHOOL - YEAR 2



**ROYAL KENT PRIMARY SCHOOL,
OXSHOTT**



19th - 30th OCTOBER



FROM £28 PER DAY



OPEN 08:30 - 18:00

SHUTTLE SERVICE FROM SOME
LOCAL SCHOOLS AVAILABLE

HALLOWEEN FUN AND AUTUMN ADVENTURES

FROM PRE-SCHOOL TO YEAR 6

TWO WEEKS PACKED WITH
FUN EVERY DAY:

- Pumpkin carving and printing
- Halloween themed cookery
- Den building and outdoor adventures
- Spiders and creepy crawly crafts
- Witches, cauldrons and potions
- Zombie tag and outdoor team games

And much more!

BOOK HERE!



SPACES FILLING FAST - BOOK NOW!