

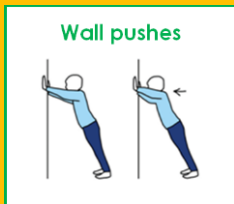


20 April 2026

Dear Parents/Carers,

Club Room Weekly Information – w/b 20.4.26

A helpful strategy to support sensory regulation



- Find an empty wall.
- Stand 3 feet away with your hands stretched out.
- Push your body back with your hands until you are in the stand position again.
- Repeat without feeling any pain in your muscles/back.

PTA Happy Circus Event this Wednesday

Just a reminder that the Happy Circus Event will be taking place this Wednesday. If you would like to share photos of your time then please email them to parents@stamford-green.surrey.sch.uk and ask for them to be forwarded on to Miss Burgess.

For children doing Y6 National Curriculum Tests (NCTs) – Revision resources

Useful websites:
<https://www.bbc.co.uk/bitesize/articles/zbh892p>
https://www.cgpbooks.co.uk/resources/ks2-sats-online-10-minute-tests?srsId=AfmBOoqz2RPALs9nHkdANL_GDRy6AFa-YmNoC-7bRmNPqIQogr3_mmck

Zones of Regulation

This week, we are focusing on the Green Zone and exploring the strategies that help us to stay calm, focused and ready to learn. Children will be supported to understand that throughout the day we may move between different zones depending on how we feel and that this is completely normal. We will be discussing how to recognise these changes and what can help us return to the Green Zone when needed.

Values

Our Club Room value for the week is effort. We will be reflecting on previous experiences and discussing how putting effort into our learning, even when something feels challenging, can lead to positive outcomes. Children will be encouraged to recognise and celebrate their own perseverance and growth.

Learning

Our learning focus aims for this week are:

EYFS and Key Stage 1 - Children will be developing their ability to recognise and name a range of emotions. Through stories, role play and group discussions, they will explore how emotions can feel and look, sort and group different emotions and reflect on how these link to the Zones of Regulation.

Key Stage 2 - Children will continue with personalised learning activities in Maths and English, tailored to their individual needs. There will be a continued focus on developing fractions knowledge and

improving sentence structure in writing. In addition, children will begin to explore solids, liquids and gases, developing their understanding of different states of matter.

Have a fantastic week!

Miss Burgess and Mrs Thomas
Club Room Teachers