

# Menu

## Week 1



**THE FRESH LITTLE ALLOTMENT**  
SEASONALLY FRESH, PERFECTLY PICKED

**APRIL NEW POTATOES**

**MAY BASIL**

**JUNE BEETROOT**

**JULY MINT**

Look for this logo on the menu to try a yummy seasonal special!

Monday

Tuesday

Wednesday

Thursday

Friday

### Mains

HAPPY TUMS

Pepperoni Pizza  
(G,Mk)

Chicken Curry  
(Mk,So)

Pork Sausage with  
Yorkshire Pudding  
(G,E,Mk,Su)

Pasta Bar (G)  
Lamb Bolognese  
Tomato sauce  
Nut free Basil  
Pesto (Mk)

Breaded Pollock  
(G,F)  
or  
Salmon Fishcake  
(G,F)

### Veggie

MEAT FREE

Margherita Pizza  
(G,Mk)

Chickpea Curry  
(Mk,So)

Vegan Sausage with  
Yorkshire Pudding  
(G,E,Mk,So)

Pasta Bar (G)  
Vegan Bolognese  
Tomato sauce  
Nut free Basil  
Pesto (Mk)

Vegetable Fingers  
(G)

### veg

EXTRA GOOD

Coleslaw  
(E)

Sweetcorn

Leek and Cabbage

Olives

Peas

Cauliflower

Butternut Squash

Cheese (Mk)

Baked beans

### carbs

FUEL FOOD

Potato Wedges

50/50 Rice

Roasted New  
Potatoes

Parsley and Mint  
Focaccia (G)

Chips

### Dessert

SOMETHING SWEET

Fresh Fruit Platter

Beetroot  
Chocolate Cake  
(G,E,Mk,So)

Fruit Jelly

Banana and Raisin  
Cookie  
(G,E)

Peach Crumble  
(G)

'Allergen Free' Salad Bar, Cold Desserts and Fresh Fruit are available daily.

### Dates

13/04/26, 11/05/26,  
15/06/26, 13/07/26

**Allergens:** Please note the allergens shown within these menus are subject to change.

Ce = Celery

F = Fish

L = Lupin

Mu = Mustard

Se = Sesame Seeds

Cr = Crustacean

G = Cereals

Mk = Milk

N = Nuts

So = Soya

E = Eggs

containing Gluten

Mo = Molluscs

P = Peanuts

Su = Sulphur Dioxide

# Menu

## Week 2



**THE FRESH LITTLE ALLOTMENT**  
SEASONALLY FRESH, PERFECTLY PICKED

Monday

Tuesday

Wednesday

Thursday

Friday

### Mains

HAPPY TUMS

Fusilli Vegetable Bolognaise  
(G,E)

Lamb and Eat Curious Tacos  
(Mk)

Moroccan Style Chicken  
(G)

Jacket Potato Bar:  
Chicken Sausage (G,Su)  
Baked Beans  
Pepperoni and Cheese (Mk,Mu,So)

Fish Fingers  
(G,F)

### Veggie

MEAT FREE

Macaroni and Cheese  
(G,Mk,So)

Vegan Mince and Eat Curious Tacos  
(Mk)

Moroccan Vegan Plantballs  
(G,So)

Jacket Potato Bar:  
Baked Beans and Cheese (Mk)  
Margherita Topping (Mk)

Cheesy Beans and Sweetcorn Quesadilla  
(G,Mk)

### veg

EXTRA GOOD

Choose from our delicious Salad Bar

Broccoli

Butternut Squash

Coleslaw (E)

Peas

Buffalo Beans

Green Beans

Sweetcorn

Baked beans

### carbs

FUEL FOOD

Beetroot Focaccia (G)

Mexican Rice

Roasted New Potatoes

Chips

### Dessert

SOMETHING SWEET

Fresh Fruit Platter

Apricot Sponge Cake  
(G,E,Mk,Su,So)

Fruit Jelly

Vanilla Biscuit (G)

Pineapple and Carrot Cake  
(G,Mk)

*'Allergen Free' Salad Bar, Cold Desserts and Fresh Fruit are available daily.*

APRIL  
NEW  
POTATOES

MAY  
BASIL

JUNE  
BEETROOT

JULY  
MINT

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### Dates

20/04/26, 18/05/26,  
22/06/26, 20/07/26

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Cr = Crustacean

G = Cereals

Mk = Milk

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containing Gluten

Mo = Molluscs

P = Peanuts

Su = Sulphur Dioxide

# MENU

## Week 3



**THE FRESH LITTLE ALLOTMENT**  
SEASONALLY FRESH, PERFECTLY PICKED

Monday

Tuesday

Wednesday

Thursday

Friday

### Mains

HAPPY TUMS

Pepperoni Pizza  
(G,Mk)

Lamb Keema Pitta  
(G,Mk,So)

Roast Chicken,  
Yorkshire Pudding  
and Gravy  
(G,E,Mk)

Chicken Meatballs  
in Tomato Sauce

Breaded Pollock  
(G,F)  
or  
Salmon Fishcake  
(G,F)

### Veggie

MEAT FREE

Margherita Pizza  
(G,Mk)

Pita Pockets with  
Chickpeas  
(G,Mk,So)

Lentil And  
Vegetable Pastie  
with Gravy  
(G)

Plant Balls  
in Tomato Sauce  
(So)

Vegetable Fingers  
(G)

### veg

EXTRA GOOD

Coleslaw  
(E)

Tomato and Onion  
Salad (Su)

Roasted Carrots

Choose from our  
delicious salad bar

Peas

Broccoli

Green Beans


Baked beans

### carbs

FUEL FOOD

Potato Wedges

Savoury Rice

Roast New  
Potatoes 

Wholemeal Penne  
(G)

Chips

### Dessert

SOMETHING SWEET

Fresh Fruit Platter

Apple Cake  
(G,E)

Fruit Jelly

Oat and Orange  
Cookie  
(G,E)

Iced Sponge Cake  
(G,E,Mk)

*'Allergen Free' Salad Bar, Cold Desserts and Fresh Fruit are available daily.*

APRIL  
NEW  
POTATOES

MAY  
BASIL

JUNE  
BEETROOT

JULY  
MINT

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### Dates

27/04/26, 01/06/26,  
29/06/26

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G = Cereals

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E = Eggs

containing Gluten

Mo = Molluscs

P = Peanuts

Su = Sulphur Dioxide

# MENU

## Week 4



**THE FRESH LITTLE ALLOTMENT**  
SEASONALLY FRESH, PERFECTLY PICKED

Monday

Tuesday

Wednesday

Thursday

Friday

### Mains

HAPPY TUMS

Jacket Potato Bar:  
Baked Beans and Cheese  
Margarita Topping  
(Mk)

Pork and Herb Sausage Hot Dog  
(G,So,Se)

Gratin Chicken with Spinach and Tomato  
(G,Mk)

Fusilli Pasta With Lamb Mince  
(G)

Fish Fingers  
(G,F)

### Veggie

MEAT FREE

Jacket Potato Bar:  
Baked Beans and Cheese  
Margarita Topping  
(Mk)

Vegetable Sausage Hot Dog  
(So,Se)

Gratin Eat Curious Pieces with Spinach and Tomato  
(G,Mk)

Fusilli Pasta Fresh Tomato and Vegan Mince  
(G,So)

Vegetable Sausage Hot Dog  
(G,So,Se)

### veg

EXTRA GOOD

Coleslaw (E)  
Sweetcorn

Choose from our delicious Salad Bar

Roasted Beetroot  
Roasted Carrots

Choose from our delicious Salad Bar

Peas  
Baked Beans

### carbs

FUEL FOOD

Choose from our delicious Salad Bar

Potato Wedges

Roasted New Potatoes

New Potato Focaccia (G)

Chips

### Dessert

SOMETHING SWEET

Fruit Platter

Basil, Lemon and Ginger Shortbread  
(G)

Fruit Jelly

Banana Flapjack  
(G)

Pineapple and Raspberry Cake  
(G,E,Mk)

*'Allergen Free' Salad Bar, Cold Desserts and Fresh Fruit are available daily.*

### Dates

04/05/26, 08/06/26,  
06/07/26

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Cr = Crustacean  
E = Eggs

F = Fish  
G = Cereals containing Gluten

L = Lupin  
Mk = Milk  
Mo = Molluscs

Mu = Mustard  
N = Nuts  
P = Peanuts

Se = Sesame Seeds  
So = Soya  
Su = Sulphur Dioxide

APRIL  
NEW  
POTATOES

MAY  
BASIL

JUNE  
BEETROOT

JULY  
MINT

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