



# Stamford Green

## Primary School and Nursery



9 March 2026

Dear Parents/Carers,

### Club Room Weekly Information – w/b 9.3.26

#### Bread making

Some of the children made some delicious bread last week.



If you didn't make bread last week, you may be bringing some home this week!

#### Parent Carer Teacher Consultations

Just a reminder, if you haven't already please make sure you have signed up for a meeting with Miss Burgess.

#### INSET Day

There will be an INSET Day on Friday 13 March.

We will see you back at school on Monday 16 March!

Our Second Hand Uniform Shop will be open on Thursday 12 March between 8.35am – 9.00am in the Club House. Please enter and exit via the South Gate. All items are priced at £1 each.

#### Zones of Regulation

This week we will be continuing to focus on the Red Zone. Last week, the children did a great job exploring strong emotions such as anger and feeling out of control. They also discussed what happens to our bodies when we enter the Red Zone, such as a faster heartbeat, changes in breathing, tight muscles or feeling hot.

We will continue building on this learning by reminding the children that these big feelings are normal and by practising strategies to help regulate them. These include taking slow deep breaths, using calming spaces, having a change in environment, talking to a trusted adult and giving themselves time to cool down before responding.

#### Values

Our value this week is Friendship. We will be learning about the importance of being a good friend and how positive friendships help us feel happy, safe and supported. The children will discuss ways to show kindness and respect to others, such as sharing, listening, helping one another and including everyone in play.

We will also explore how working together, using kind words and being considerate can help build strong and positive friendships.

#### Learning

This week our aims are:

**EYFS** – Children will take part in sorting activities and continue learning to recognise and name different emotions. Through stories, role play and discussion, they will explore how emotions feel in their bodies and practise ways to express their feelings appropriately.

**Key Stage 1** – Children will focus on turn-taking and friendship through group activities and discussions. They will practise sharing, cooperating and using kind words while playing and working with others.

**Key Stage 2** – Children will work together on personalised learning activities in maths and English, tailored to their individual needs. They will also take part in science activities that encourage curiosity, investigation and teamwork.

Have a fantastic week!

Miss Burgess and Mrs Thomas  
Club Room Leaders of Learning