

If you are bullied:

Do:

- Ask them to STOP if you can
- Use eye contact & tell them to go away
- Ignore them
- Walk away
- Use Mrs Dray's Better Box
- Talk to a responsible and trusted friend
- Talk to a Behaviour Ambassador
- TELL SOMEONE

Don't:

- Do what they say
- Get angry or look upset
- Hit them
- Think it's your fault
- Hide it

What if someone else is being bullied?

- Tell an adult straight away
- Don't try and get involved
- Don't stay silent or the bullying will keep happening

Mrs Druce, all staff and Governors will work together to:

- Make our school a safe and happy place for everyone
- Help everyone to get on with each other
- Ensure everyone has a right to be who they are

What will happen to a bully?

Teachers will get involved and help you solve problems. The system of a support log may be used, circle time or circle of friends.



Happiness and Friendship



Information leaflet for children



What is Bullying?

A bully is someone who hurts someone else by using behaviour which is meant to hurt, frighten or upset another person. This behaviour is repeated frequently.

Emotional: Hurting people's feelings, leaving you out.

Physical: Punching, kicking, spitting, hitting, pushing.

Verbal: Being teased, name calling.

Cyber: Saying and sending unkind things by text, email, online.

Racist: Calling someone names because of the colour of their skin.

When is it bullying?

Several

Times

On

Purpose



We promise to always treat bullying seriously

Who can I tell?

- A friend
- Parents / carers
- Teachers / school staff
- Behaviour Ambassadors

Most importantly if you are being bullied:

Start

Telling

Other

People

