

Tea Menu

Week 1



**THE FRESH LITTLE
ALLOTMENT**
SEASONALLY FRESH, PERFECTLY PICKED

Monday

Tuesday

Wednesday

Thursday

Friday

Mains

Chicken Sausage
(G,Su)
or
Vegetarian
Sausage
(G)

Tomato and Basil
Penne Pasta
(G)

Beef Meatballs
(G,Mk)

Beef Burger in
Soft Bun
(G,Se,So,Su)

Lasagne
(G,Mk,E)

Sides

Mash Potato

Garlic Bread
(G,Mk,So)

Rice

Chef's Salad

Sweetcorn

Dessert

Chocolate
Mousse
(Mk)

Flapjack
(G)

Sticky Ginger
Cake
(G,E,Mk,Su)

Jelly

Chocolate Cookie
(E,G,Mk)

Salads and fresh fruits are available every day. Vegan meal alternatives are available upon request.



JANUARY
LEEKS

FEBRUARY
PARSNIPS



MARCH
KALE

APRIL
NEW
POTATOES



Look for this logo on
the menu to try a
yummy seasonal special!

DATES

5/1/26 ,2/2/26, 9/3/26

Allergens: Please note the allergens shown within these menus are subject to change.

Ce = Celery

F = Fish

L = Lupin

Mu = Mustard

Se = Sesame Seeds

Cr = Crustacean

G = Cereals

Mk = Milk

N = Nuts

So = Soya

E = Eggs

containing Gluten

Mo = Molluscs

P = Peanuts

Su = Sulphur Dioxide

Tea Menu

Week 2



**THE FRESH LITTLE
ALLOTMENT**

SEASONALLY FRESH, PERFECTLY PICKED

**JANUARY
LEEKs**

**FEBRUARY
PARSNIPS**

**MARCH
KALE**

**APRIL
NEW
POTATOES**

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Monday

Tuesday

Wednesday

Thursday

Friday

Mains

Fish Fingers
(G,F)
or
Southern Baked
Breaded Sweet
Potatoes
(G,E)

Sausage and
Bacon Pasta
(G,Su)

Jacket Potatoes

Minced Beef
Tacos
(G,Mk,Mu)

Hot Dog
(G,Se,So,Su)
or
Vegetarian
Sausage Hot Dog
(G,So,Se)

Sides

Oven Chips

Garlic Bread
(G,Mk,So)

Tuna Mayonnaise
Cheese
Baked Beans
(F,E,Mk)

Sour Cream and
Cheese
(Mk)

Chef's Salad

Dessert

Chocolate Cookie
(G,E,Mk)

Jelly

Chocolate
Marble Cake
(G,Mk,E)

Strawberry Jam
Pinwheel
(G,E)

Chocolate
Mousse
(Mk)

Salads and fresh fruits are available every day. Vegan meal alternatives are available upon request.

Dates

12,1,26, 9/2/26, 16/3/26

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F = Fish

L = Lupin

Mu = Mustard

Se = Sesame Seeds

Cr = Crustacean

G = Cereals

Mk = Milk

N = Nuts

So = Soya

E = Eggs

containing Gluten

Mo = Molluscs

P = Peanuts

Su = Sulphur Dioxide

Tea Menu

Week 3



**THE FRESH LITTLE
ALLOTMENT**
SEASONALLY FRESH, PERFECTLY PICKED

Monday

Tuesday

Wednesday

Thursday

Friday

Mains

Ham, Cheese and
Potato Gateaux
(E,Mk)

Margherita
Focaccia Pizza
(G,Mk,E)

Courgette,
Pepper and
Tomato Pasta
Bake
(G,Mk)

Herby Sausage
Roll
(G,Su,E,Mk)

Breaded Chicken
Burger
(G,E,Se,So)

Sides

Baked Beans

Sweetcorn

Garlic Bread
(G,Mk,So)

Potato Wedges

Chef's Salad

Dessert

Shortbread
(G)

Chocolate Cookie
(G,Mk,E)

Chocolate
Marble Cake
(G,E,Mk)

Strawberry
Mousse
(Mk)

Lemon Drizzle
Cake
(G,E)

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JANUARY
LEEKS

FEBRUARY
PARSNIPS



MARCH
KALE

APRIL
NEW
POTATOES



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DATES

19/1/26, 23/2/26, 23/6/26

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F = Fish

L = Lupin

Mu = Mustard

Se = Sesame Seeds

Cr = Crustacean

G = Cereals

Mk = Milk

N = Nuts

So = Soya

E = Eggs

containing Gluten

Mo = Molluscs

P = Peanuts

Su = Sulphur Dioxide

Tea Menu

Week 4



**THE FRESH LITTLE
ALLOTMENT**
SEASONALLY FRESH, PERFECTLY PICKED

Monday

Tuesday

Wednesday

Thursday

Friday

Mains

Beef Burger in a
Soft Bun
(G,Se,So)

Sausage
(G,Su)

Roasted Pepper
and Tomato
Pasta Bake
(G,Mk)

Hot Dog
(G,Se,So,Su)
or
Vegetarian
Sausage Hot Dog
(G,So,Se)

Jacket Potatoes

Sides

Chef's Salad

Chips
Baked Beans

Sweetcorn

Chef's Salad

Tuna Mayonnaise
Cheese
Baked Beans
(F,E,Mk)

Dessert

Jelly

Apple and
Cinnamon Cake
(G,E)

Cookie
(G,E,Mk)

Chocolate Chip
Cake
(G,Mk,E,So)

Jelly

Salads and fresh fruits are available every day. Vegan meal alternatives are available upon request.



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DATES

19/1/26, 23/2/26, 23/6/26

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F = Fish

L = Lupin

Mu = Mustard

Se = Sesame Seeds

Cr = Crustacean

G = Cereals

Mk = Milk

N = Nuts

So = Soya

E = Eggs

containing Gluten

Mo = Molluscs

P = Peanuts

Su = Sulphur Dioxide