



Stamford Green

Primary School and Nursery



30 September 2024

Dear Parents/Carers,

Nursery Weekly Information – w/b 30.9.24

Things to bring in

Please remember to send in a pair of named Wellington boots.

Water Bottles

We have a few unnamed water bottles. Please ensure these are clearly labelled.

Help needed

We are encouraging children to think about the changes that autumn brings. We would love the children to bring in conkers, acorns and interesting leaves which we will investigate with the children.

Thank you!

This week we are:

- Continuing to settle in to our new rooms, meeting our new key workers.
- Getting to know each other and making friends.
- Coming to the carpet for songs, games and stories.
- Singing Baa Baa Black sheep and acting out the song.
- Thinking about our favourite things to do in nursery.
- Sharing a story with our key worker.

Our skill of the week

This week we are encouraging the children to share a story and enjoy some quiet time with their key adult. We want the children to build strong relationships and to really enjoy this special time. They will find a cosy spot and develop a love of reading. The children are encouraged to help by holding the book and turning the pages.

Events coming up

Golden Book week is coming up. The children will be busy completing some fun learning and we will be sending home their Golden Books to share a couple of the things we have been doing. After the two activities there is a sticker to fill in. Please write a positive comment about what you have seen and return the book back to Nursery. We love reading the comments and sharing them with the children.

Please can we ask that the children do not access the books without an adult. We want to keep them looking lovely and sometimes they get excited and want to make their marks in them. At the end of their learning journey at Stamford Green the children get to keep the Golden Book as a lovely memento of their time here at Stamford Green.

Handy hints

Help your toddler with their emotions

Toddlers have big feelings, but they sometimes struggle to express them. By supporting your toddler to manage their emotions, you can help them develop lifelong skills to cope with big feelings as they grow.

All toddlers have big feelings

We all have big feelings sometimes and your toddler has them too. As your toddler becomes more active and independent, they will need extra help handling their feelings. When toddlers struggle to communicate their angry or sad feelings, they might have what some people call a 'tantrum'. A tantrum is your toddler's way of saying "I need some help with my big feelings". The more that you support your toddler with their big feelings now, the more they will be able to do this for themselves in the future.

Say what your toddler is feeling

You can help your toddler to understand their feelings by naming them. Saying "I can see you're feeling happy that we're playing peekaboo" will help them to learn words to describe their feelings.

The more you do this with your toddler now, the better they will be able to tell you what's going on for them as they grow up.

For example, emotions you may want to name are: happy, sad and angry.

Regulate, relate and reason

To help your toddler to manage their emotions, it is important that you try to be calm as you may feel frustrated too.

Take some deep breaths and remind yourself that your toddler isn't just being naughty, they are trying to learn and grow.

A helpful way of managing big feelings in toddlers is called 'The 3 Rs':



Step 1: Regulate

This means soothing your toddler to help them calm down. Remind them that they're OK and remember to name their feeling. "I can see that you're feeling angry that you can't find your toy."



Step 2: Relate

When your toddler is feeling a little calmer, show them that you love them even when they are angry or upset. Comfort them by offering a cuddle to show them that you are still there. "I can see you feel so angry that you couldn't play with the toy. I'm here with you."



Step 3: Reason

When your toddler is calm they will be ready to learn. "It's OK to feel angry that you couldn't play with the toy. Everyone feels angry sometimes. But it isn't okay to push others."

Have a great week,
Mrs Frost and Mrs Hughes



For your calendar:

Wednesday 2.10.24
8.55am – 9.55am

Parents and Carers are welcome to attend a Barnardo's workshop focussing on ADHD traits and behaviours.

Wednesday 16 October
8.00pm

PTA AGM at school.
All welcome to attend.

Coming up soon:

September		
Monday 30.9.24	-	Golden Book week in school
October		
Wednesday 2.10.24	8.55am – 9.55am	Barnardo's ADHD workshop for parents/carers
Thursday 3.10.24	9.15am – 10.15am	Prospective families Open Morning – School and Nursery - please book via our website
Friday 4.10.24	8.45am – 9.45am	PTA Class Reps Coffee Morning with Mrs Druce – Agenda: Circus, Fireworks and other events this term
Monday 7.10.24 – Friday 18.10.24	pm	5B Swimming at The Rainbow Centre
Tuesday 8.10.24	All day	Y4 Ancient Greek day
Tuesday 8.10.24 – Wednesday 9.10.24	After school	Book Fair – East Gate
Tuesday 8.10.24	7.00pm – 8.00pm	YR Parent/Carer Meeting – Helping your child learn to read. Come and find out about the way we are teaching reading and phonics. No access from West Gate.
Wednesday 9.10.24	All day	Individual school photos for children in: YN, 5T, 5B, 5P and siblings for all year groups
Thursday 10.10.24	All day	Individual school photos for children in: RB, RP, RH, 1S, 1H, 1BH, 2B, 2J, 2W, 4G, 4V and 4C
Thursday 10.10.24 – Friday 11.10.24	After school	Book Fair – West Gate
Friday 11.10.24	8.45am – 9.45am	YR Parent/Carer Meeting – Helping your child learn to read. Come and find out about the way we are teaching reading and phonics.
Friday 11.10.24	All day	Individual school photos for children in: 3MV, 3L, 3J, 6J, 6WO, and 6B
Friday 11.10.24	After school	PTA Stay and Play Event for YR

Reminders for you:

Friday 4.10.24

Class Reps Coffee Morning from 8.45am – 9.45am

Golden Book Week

This week, children will be using their Golden Books for all of their learning. The books will come home next week.

Please add your comments to the sticker provided at the end of the week's work and ensure your child's Golden Book is returned to school promptly for safe keeping until the next time.

Individual and Sibling Photographs

Photographs take place next week on Wednesday, Thursday and Friday. Please see the dates for details of which classes are on which days. Please ensure your child is wearing the correct school uniform with a logo on the sweatshirt or cardigan, no PE fleeces. If they have the Golden Jumper, please could you send in a blue school sweatshirt or cardigan as well, thank you.

