

# Week 1 Tea Menu

**Eat the Seasons**  
- SEASONALLY FRESH, PERFECTLY PICKED -

	MON	TUES	WED	THU	FRI
<b>Mains</b> 	Tomato and Basil Penne Pasta (G)	Beef Meat Balls (G)	Chicken Sausages (G, Su) OR Vegetarian Sausages (G, Ce)	Classic Beef Burger in a Bun (G, Su)	Sausage and Bacon Pasta Bake (G, Mk, Su)
<b>Sides</b> 	Garlic Bread (G)	Savoury Rice	Dairy-Free Mashed Potato and Gravy (None)	Chefs Salad (None)	Sweetcorn
<b>Dessert</b> 	Yoghurt Pot with Fruit Compote (Mk, So)	Flapjack (G,)	Sticky Ginger Cake (E, G, Mk, Su)	Sugar Free Jelly (None)	Chocolate Cookie (E, G, Mk, So)

Salads and fresh fruits are available every day. Vegan meal alternatives are available upon request.

## Dates

15/04/24, 06/05/24,  
03/06/24, 24/06/24,  
15/07/24

## Allergens

Ce = Celery  
Cr = Crustacean  
E = Eggs

F = Fish  
G = Cereals  
containing Gluten

L = Lupin  
Mk = Milk  
Mo = Molluscs

Mu = Mustard  
N = Nuts  
P = Peanuts

Se = Sesame Seeds  
So = Soya  
Su = Sulphur Dioxide



# Week 2 Tea Menu

**Eat the Seasons**  
- SEASONALLY FRESH, PERFECTLY PICKED -

## Mains

MON	TUES	WED	THU	FRI
Fish Fingers (G, F) OR Southern Baked Breaded Sweet Potato (E, G, Mu)	Creamy Chicken and Bacon Pasta (G,Mk)	Jacket Potato	Minced Beef Tacos (G,Mk,Mu)	Hot Dog (G, Se, Su) OR Vegetarian Hot Dog (G, So, Su, Se)

## Sides

Oven Chips (None)	Garlic Bread (G,Mk,So)	Tuna Mayonnaise, Baked Beans, Grated Cheese (E, F, Mk)	Sour cream and cheese (Mk)	Chef Salad (None)
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## Dessert

Yoghurt Pot with Fruit Compote (Mk, So)	Chocolate Cookie (E, G, Mk, So)	Sugar Free Jelly (None)	Chocolate Marble Cake (E, G, Mk)	Strawberry Jam Pinwheel (G,E)
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*Salads and fresh fruits are available every day. Vegan meal alternatives are available upon request.*

## Dates

22/04/24, 13/05/24,  
10/06/24, 01/07/24,  
22/07/24

## Allergens

*Ce* = Celery  
*Cr* = Crustacean  
*E* = Eggs

*F* = Fish  
*G* = Cereals  
containing Gluten

*L* = Lupin  
*Mk* = Milk  
*Mo* = Molluscs

*Mu* = Mustard  
*N* = Nuts  
*P* = Peanuts

*Se* = Sesame Seeds  
*So* = Soya  
*Su* = Sulphur Dioxide



**BUTTERNUT  
SQUASH**  
September



**CARROTS**  
October



**APPLES**  
November



**CAULIFLOWER**  
December

# Week 3 Tea Menu

**Eat the Seasons**  
- SEASONALLY FRESH, PERFECTLY PICKED -

MON

TUES

WED

THU

FRI

## Mains

Jacket Potato

Margherita  
Focaccia Pizza  
(E, G, Mk)

Herby  
Sausage Roll  
(G,Su,E)

Courgette,  
Pepper and  
Tomato Pasta  
Bake (MK,G)

Breaded Chicken  
Thigh Burger  
(G)

## Sides

Tuna Mayonnaise,  
Baked Beans or  
Cheese  
(Mk,F,E)

Baked Beans  
(None)

Potato Wedges  
(None)

Garlic Bread  
(G,Mk,So)

Chef Salad  
(None)

## Dessert

Yoghurt with  
Fruit Compote  
(Mk, So)

Lemon  
Drizzle Cake  
(E, G, Mk)

Shortbread  
(G,Mk)

Chocolate Cookie  
(E, G, Mk, So)

Sugar Free Jelly  
(None)

*Salads and fresh fruits are available every day. Vegan meal alternatives are available upon request.*

## Dates

29/04/24, 20/05/24,  
17/06/24, 08/07/24

## Allergens

Ce = Celery  
Cr = Crustacean  
E = Eggs

F = Fish  
G = Cereals  
containing Gluten

L = Lupin  
Mk = Milk  
Mo = Molluscs

Mu = Mustard  
N = Nuts  
P = Peanuts

Se = Sesame Seeds  
So = Soya  
Su = Sulphur Dioxide



**BUTTERNUT  
SQUASH**  
September



**CARROTS**  
October



**APPLES**  
November



**CAULIFLOWER**  
December