

week 1

Breakfast

Eat the Seasons
- SEASONALLY FRESH, PERFECTLY PICKED -

MON

TUES

WED

THU

FRI

Cereals

Weetabix, Corn Flakes and Rice Krispies (G)
Semi-Skimmed Milk and Milk Alternatives

Mains

American Style
Pancakes with
Toppings
(G,Mk,E)

Sausage Bap
(G,Su)

Fruit Kebab

Pain Au
Chocolate
(G,Mk,So)

Bacon Roll
(G)

Bread Basket

Toast (G,So), Jam, Honey and Marmite



Dates

15/04/24, 06/05/24,
03/06/24, 24/06/24,
15/07/24

Allergens

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals
containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

Week 2 Breakfast

Eat the Seasons
- SEASONALLY FRESH, PERFECTLY PICKED -

MON

TUES

WED

THU

FRI

Cereals

Weetabix, Corn Flakes and Rice Krispies (G)

Semi-Skimmed Milk and Milk Alternatives

Mains

Sausage Bap
(G,Su)

American style
Pancakes with
Toppings
(G,Mk,E)

Pain Au
Chocolate
(G,Mk,So)

Bacon Roll
(G)

Fruit Salad

Bread Basket

Toast (G,So), Jam, Honey and Marmite



BUTTERNUT SQUASH
September



CARROTS
October



APPLES
November



CAULIFLOWER
December

Dates

22/04/24, 13/05/24,
10/06/24, 01/07/24,
22/07/24

Allergens

Ce = Celery

Cr = Crustacean

E = Eggs

F = Fish

G = Cereals

containing Gluten

L = Lupin

Mk = Milk

Mo = Molluscs

Mu = Mustard

N = Nuts

P = Peanuts

Se = Sesame Seeds

So = Soya

Su = Sulphur Dioxide

Week 3 Breakfast

Eat the Seasons
- SEASONALLY FRESH, PERFECTLY PICKED -

MON

TUES

WED

THU

FRI

Cereals

Weetabix, Corn Flakes and Rice Krispies (G)
Semi-Skimmed Milk and Milk Alternatives

Mains

Pain Au
Chocolate
G,Mk,So

Fruit Salad

Sausage Bap
(G,Su)

American style
Pancakes with
Toppings
(G,Mk,E)

Bacon Roll
(G)

Bread Basket

Toast (G,So), Jam, Honey and Marmite



Dates

29/04/24, 20/05/24,
17/06/24, 08/07/24

Allergens

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals
containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide