



Stamford Green Primary School

Physical Education Policy

Agreed at (please indicate with a *):

- Full Governing Body Meeting _____
- Children and Learning Committee Meeting _____*
- Resources Committee Meeting _____

Date: 11.11.19

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Physical Education Policy

1. Introduction

- a) Physical Education (PE) is a combination of six main activities. These activities are dance, gymnastics, games, athletics, outdoor and adventurous activity challenges and swimming. Through these activities children acquire and develop skills, select and apply skills, tactics and compositional ideas. PE also gives the children opportunities to evaluate and improve performance and become physically confident in a way which supports their health and fitness. Through PE the school aims to deliver two hours a week of high quality physical activity.

2. Aims and Objectives

The aims and objectives of PE in our school are:

- a) To nurture the idea of sport as an all-inclusive life enhancing (and prolonging) activity which contributes greatly to physical and mental well-being.
- b) To convey the importance of aspiring to personal bests. Sporting performance should be a source of personal pride and that competition is often a highly appropriate tool for raising performance of children at all levels.
- c) To nurture respect and sportsmanship in both victory and defeat.
- d) To teach and develop individual skills in dance, gymnastics, games, athletics, outdoor and adventurous activity and swimming.
- e) To provide opportunities for improvement by encouraging children to appropriately evaluate their own and the performances of others.
- f) To develop knowledge and understanding of fitness and health.

3. Equal Opportunities

- a) At Stamford Green Primary School and Nursery, all pupils, regardless of race or gender, are entitled to equal access to the PE curriculum. Teams which are selected to represent the school at sporting events will be based on either children's ability or to provide opportunities for participation. These selections will be discussed with the PE Leader in advance and where appropriate shared with the children.

4. Pupils with Special Educational Needs and Disability (SEND)

- a) Lessons are appropriately differentiated to take account of all children's abilities. Children with specific physical disabilities may receive support from Teaching Assistants and, if necessary, from outside agencies. Please also see the SEND policy.

5. The use of adults

- a) Adult helpers, including Playworkers, TAs and PSAs, will help only under the direct supervision of the PE teacher. Any adult helpers who are working with children and have not been DBS checked in accordance with our Safeguarding policy, will remain in sight of the PE teacher in charge of the children at all times.
- b) Teachers leading gymnastics will have been trained in the delivery of educational gymnastics as part of their Initial Teacher Training.

6. Adventurous and Outdoor Activity Challenges

- a) The children will be provided with planned for adventurous and outdoor activity challenges in YR, Y4 and Y6. YR as part of their Forest School experiences with Y4 and Y6 as part of their residential trips. These activities will encourage both individual abilities and team skills.

7. Assessment

- a) Formative assessment is used to establish each child's understanding, skills and knowledge. Formative assessment is carried out by the teacher in accordance with our Assessment Policy. Children will be assessed in either indoor or outdoor PE every half term.
- b) Feedback to children about their own abilities and progress is positive, supportive and constructive, giving guidance and points for improvement wherever possible. Feedback is verbal and given by both the teacher and other children.
- c) Reporting in PE will focus on each child's skills, ability to work with others and ability to evaluate their own performance.

8. Non-Participation

- a) If a child is not participating in a PE lesson the teacher must have received notification beforehand from the parent/carer of the child.
- b) If a child is not participating in PE for a longer period of time due to a medical reason then a letter/note from an appropriate professional must be received by the school.
- c) Non-participants who can be outside will be provided with activities or roles such as: coach or umpire; reporting on activity; evaluating performances.
- d) Non-participants who cannot be outside will join another class and be expected to complete a task such as: illustration of a move/sequence/team positions; design a school gym plan.
- e) If the weather is too extreme for outdoor PE to take place safely then the teacher will carry out classroom based activities appropriate to the year group and curriculum area planned.

9. Gifted and Talented

- a) Children are recognised as talented when they demonstrate a high level of ability within a sport or across a range of sports in PE. Such children will be supported through high quality teaching and learning. Where possible such children will be recommended to local teams/clubs. If applicable the school will put them forward for Surrey Trials in the particular sport (e.g. Surrey FA trials).

10. Health and Safety

- a) The wearing of all earrings is prohibited in all PE lessons. Earrings must be removed by the child and cannot be taped over.
- b) When using high apparatus, mats must be placed underneath to offer a limited measure of protection in the event of an uncontrolled descent i.e. to minimise serious injury following a fall from the high apparatus. However children must be encouraged to work in control and not to take unnecessary risks.

11. Uniform

Children taking part in PE should wear suitable clothing - please refer to Uniform Information.

- a) Indoor PE requires royal blue shiny shorts and a white t-shirt with school logo. Trainers must not be worn during gymnastics or dance lessons. Trainers are permitted for other indoor lessons such as athletics and dodge ball. All children must have footwear on in any session when they walk to and from indoor PE.

- b) Outdoor PE requires royal blue shiny shorts and a white t-shirt with school logo. School fleeces and royal blue jogging bottoms should be worn when the weather is cold.
- c) Children representing the school in any sporting activity will be dressed appropriately with matching kit.
- d) Teacher discretion may be used if a child persistently fails to bring their kit, and this is judged to be a strategic decision. A child may be asked to participate even if they are lacking correct attire. This will always be an option of last resort however, and no child will ever be deliberately embarrassed or asked to participate in attire that is unsafe or not fit for purpose.
- e) Earrings are not permitted to be worn in PE and sporting activities.
- f) Separate gender changing for PE will be facilitated for Y6 children only. However, if necessary we will provide other solutions for individuals in Y5 to meet their needs.

12. Role of the PE Subject Leader

- a) The PE Subject Leader is responsible for the development and monitoring of the PE curriculum to ensure a coherent strategy, where children make good progress.
- b) The PE Subject Leader assists staff by leading training sessions and supporting them in the classroom. The Subject Leader is responsible for implementing changes required by the National Curriculum, attending training courses, feeding back key skills and information to staff. The Subject Leader ensures that all staff access relevant CPD.
- c) The PE Subject Leader is responsible for the reporting of the Sports Premium funding.