



Stamford Green Primary School



6 March 2017

Dear Parents and Carers,

Health Related Behaviour Questionnaire

Our school, along with several others, has agreed to participate in an important Health Behaviour Questionnaire amongst young people. We have been asked to support the work of the Local Authority and Public Health so that it can objectively plan health care provision for young people.

The survey data in schools may prompt review of the curriculum and has also been used in a variety of other ways:

1. As a starting point for discussion in classroom activities
2. As a guide in the choice of resources
3. As a prompt for appropriate timing of continuing professional development
4. As a beginning for further enquiry to strengthen existing programmes, e.g. in PE
5. As a starting point for discussions between parents and schools

The survey method that we are using has been developed by the Schools Health Education Unit, Exeter and has been in use now for over 30 years. Over 3000 schools have used the survey, many of them regularly repeating the survey.

The questions concern a wide range of health behaviours, for example:

- Home and family; Relationships, emotional health and well-being;
- Tobacco; Alcohol; Leisure and money; Healthy Eating; Exercise; Drugs

Both the Local Authority and the school find the content of the questionnaire acceptable; it has been customised to suit our local setting. However, as some of the questions are about lifestyle choices we wanted to give parents the opportunity to view the questionnaire. Therefore, it will be available to view during the Parents' Evening at the Office.

Each questionnaire is anonymous and confidential, and no pupil will be identified when the data is returned to your school. The Local Authority will receive only the summary of all schools in which individual schools are not identified. Unless we hear otherwise, we will assume that your child can complete a questionnaire.

The survey will be carried out between Tuesday 14 March and Friday 17 March.

Yours sincerely,

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